

## Step by Step Guide for Telehealth Sessions:

**Step 1:** Go to [www.headtoheartnv.com](http://www.headtoheartnv.com) and download the telehealth forms. Sign them and then email or text them back to Billy. If you do not have a printer you may download the forms to your desktop, type your name in the signature line and then return them to me via Email.

**Step 2:** Type the following address in the web-browser on your phone, tablet or computer:  
[Doxy.me/WilliamArndt](https://Doxy.me/WilliamArndt)

**Step 3:** Type your name in the box that appears for check-in.

**Step 4:** At your appointment time, I will connect to the video call.

**Step 5:** At the end of your appointment we will schedule our next appointment and I will take payment.

### **Additional Information:**

- Telehealth session rates are the same as in-office rates.
- For the best experience headphones are recommended.
- EMDR can still be utilized through telehealth.
- Credit cards may be placed on file for convenience of clients. If this does not work I can submit an invoice to you via email.